

GLASGOW CITY ROAD COURSES

Essential Venue Guide

Glasgow Green will host the start and finishing points of the free Glasgow 2014 events: Athletics (Marathon), Cycling (Road Race) and Cycling (Time Trial). Marathon athletes will have their endurance tested to the limits on a 42.2 kilometre course around the streets of Glasgow. The Road Race event will hit the roads of Glasgow, while the Time Trial will circle out from the city through the countryside of North Lanarkshire and East Dunbartonshire.



At the Glasgow City Road Courses

Schedule

Athletics (Marathon)

27 July 2014

42.195km (26.2 miles).

Competition starts 09.00 (Men's) and 09.30 (Women's).

Cycling (Time Trial)

31 July 2014

30 km (18.6 miles), single lap (Women's); 40km (24.9 miles), single lap (Men's).

Competition starts 10.00 (Women's) and 12.30 (Men's).

Cycling (Road Race)

3 August 2014

14.4km per lap, 7 laps women (98km), 12 laps men (172km)

Competition starts at the new time of 08.00 (Women's) and 12.00 (Men's).

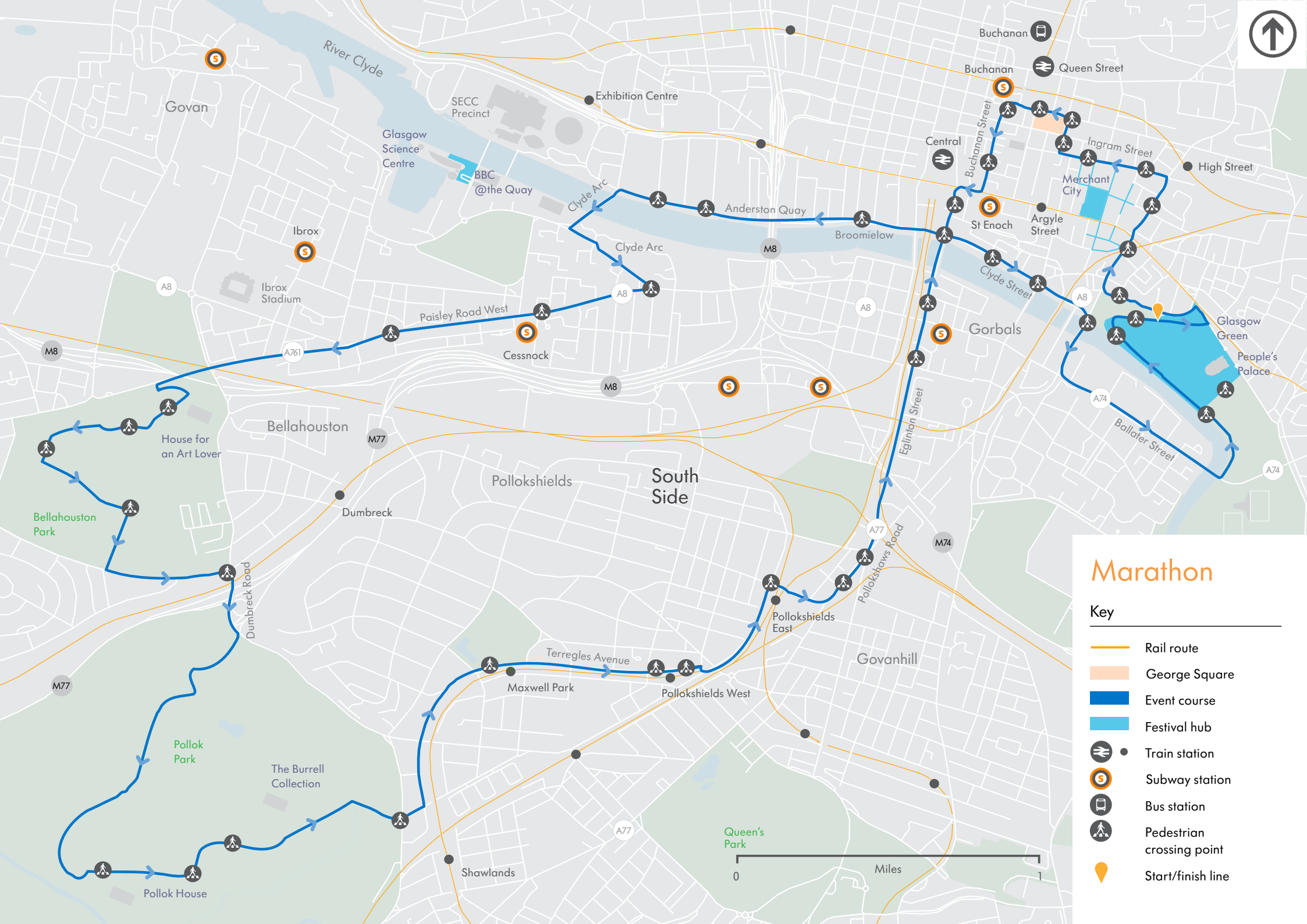
The road courses for Athletics (Marathon) and Cycling (Road Race and Time Trial) will be lined with barriers and provided with pedestrian crossing points along the route. Although these are non-ticketed events without designated regulations, restrictions or facilities, we ask that you:

- act considerately towards athletes and fellow spectators;
- remain behind the barriers;
- pay attention to the safety stewards; and
- do not attempt to cross the route outside the fixed crossing points.

Roads will be closed from the early hours of the given dates and will open when safe to do so. Please plan any journeys accordingly.










The start and finish lines for all three Road events are at Glasgow Green. You can make your way to these points via the Glasgow Green Live Zone.

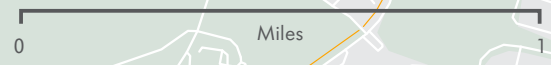
We recommend you walk or cycle wherever possible for your journey to the Games.



Marathon










Key

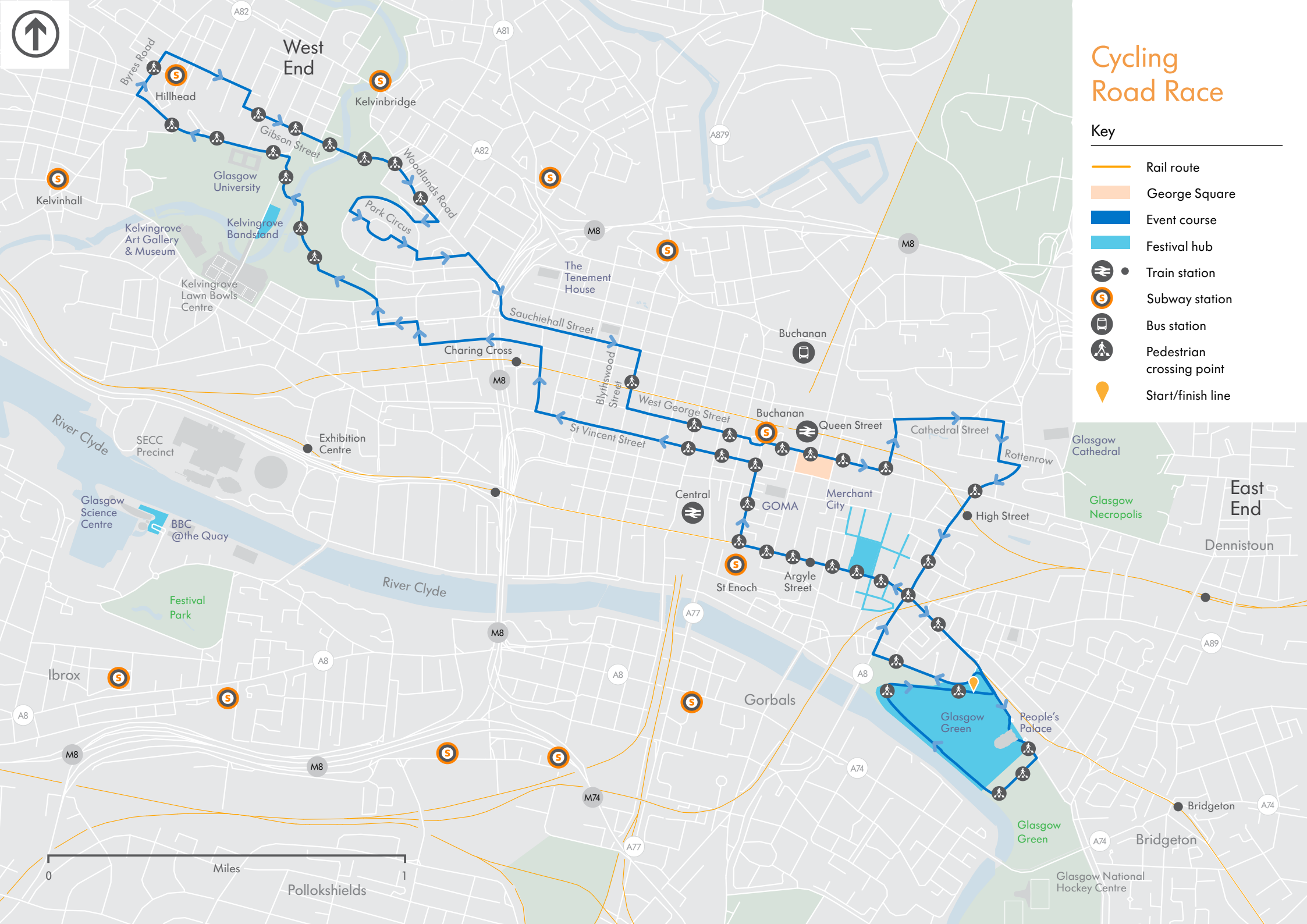
-  Rail route
-  George Square
-  Event course
-  Festival hub
-  Train station
-  Subway station
-  Bus station
-  Pedestrian crossing point
-  Start/finish line

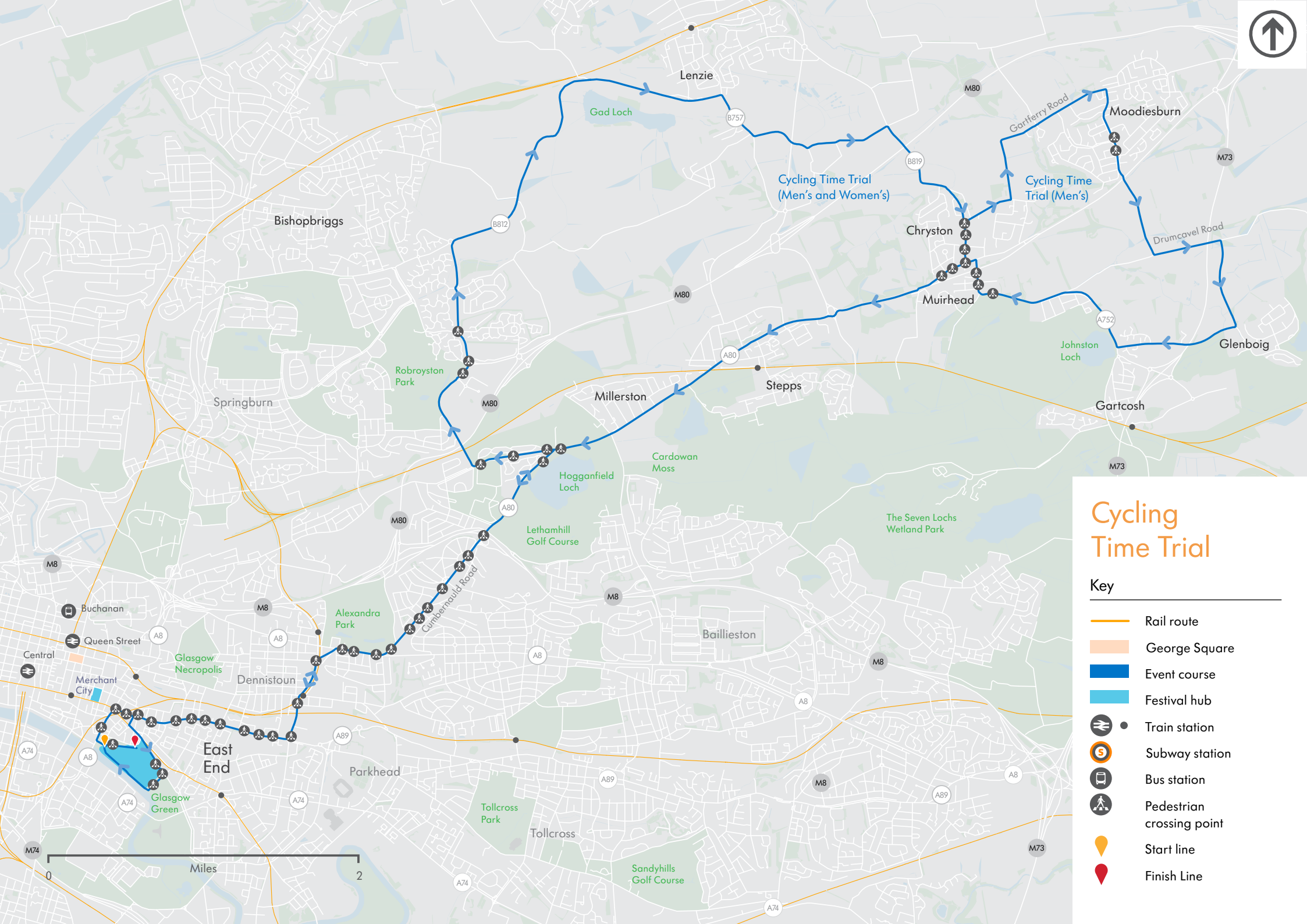


Cycling Road Race

Key

-  Rail route
-  George Square
-  Event course
-  Festival hub
-  Train station
-  Subway station
-  Bus station
-  Pedestrian crossing point
-  Start/finish line








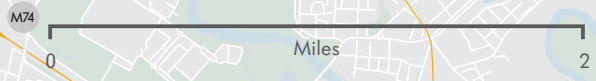
Cycling Time Trial
(Men's and Women's)

Cycling Time Trial
(Men's)

Cycling Time Trial

Key

-  Rail route
-  George Square
-  Event course
-  Festival hub
-  Train station
-  Subway station
-  Bus station
-  Pedestrian crossing point
-  Start line
-  Finish Line



The Road Courses sports



Do you know your back to front racing from running on the blue line? Find out more about Cycling (Road Race and Time Trial) and Athletics (Marathon) at:

glasgow2014.com/sports

If you're inspired to have a go, there are hundreds of ways to unleash your sporty side after the Games. You can play, coach or volunteer – and a comprehensive list of opportunities across Scotland can be discovered here:

sportscotland.org.uk/unleash

For physical activity opportunities in Glasgow, call Glasgow Sport on **0800 027 0470**.

Alternative formats of this document are available on request. Email contactus@glasgow2014.com or call 030 3333 2014.

If you wish to use a text relay service, see www.textrelay.org for assistance.

Out and about in Glasgow

- **The People's Palace and Winter Gardens**
The People's Palace on Glasgow Green is home to a collection of historical artefacts, photographs, prints and film. A visit here will give you an intriguing insight into the lives of ordinary Glaswegians from the 18th century to the present day. Access via the Glasgow Green Live Zone.
- **Glasgow Cathedral**
The most complete medieval cathedral on the Scottish mainland is still a working church. It houses the atmospheric crypt of St Mungo, Glasgow's patron saint. The Cathedral is full of intriguing features – look for the tomb of Bishop Wishart, a key supporter of Robert the Bruce, and the carving of a lucky ladybird.
- **Kelvingrove Art Gallery and Museum**
It's one of Europe's great art collections - all housed and displayed in 22 state-of-the-art galleries. They contain paintings and sculptures, silver and ceramics, European armour, weapons and firearms, clothing and furniture.
- **The Burrell Collection and Pollok Park**
This country park is the largest green space in Glasgow and also one of the most tranquil. It's the setting for Highland cattle, heavy horses, walled gardens, an elegant Georgian house and the breathtaking Burrell Collection, one of the largest art collections ever created by a single person.
- **Hunterian Museum & Art Gallery and Mackintosh House**
The Hunterian Art Gallery houses the largest single holding of the work of Charles Rennie Mackintosh, including the reassembled interiors of his own Glasgow house. The Museum is home to many historic, natural and scientific artefacts, among them instruments used by Scotland's famous inventor, James Watt, and objects from Captain Cook's Pacific voyages.
- **Commonwealth Flotilla**
The Flotilla will be the largest in the River Clyde's history, with more than one thousand people participating on 250 boats of all shapes and sizes. Each vessel has the same mission – to celebrate the Games and the Commonwealth.